# Five Words

Volume XV

poems from the

9th Five Words International Poetry Competition

and from

Ó Bhéal's live event Five Word challenges

April 2021 to March 2022



# On the occasion of Ó Bhéal's fifteenth Anniversary

# 11th April 2022

featuring winning & shortlisted poems from the

# 9th Five Words International Poetry Competition

plus

poems from live event Five Word challenges

(12th April 2021 - 14th March 2022)

Ó Bhéal would like to acknowledge the following organisations for their valued support during our fifteenth year

> Colmcille Foras na Gaeilge The Long Valley The Arts Council Cork City Libraries Cork City Council Arts Office UCC School of English and Digital Humanities The Munster Literature Centre Forum Publications Dunnes Stores Poetry Ireland NUIG Galway Arc Publications JustABallhop Paradiso

### and to the house eMCees, board members, audiences and poets

Thank You!

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> 'le gach bó a buinín agus le gach leabhar a chóip' (to each cow its calf and to every book its copy) - Diarmuid, 6th C. High King

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# Five Words

Volume XV

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# FOREWORD

The 11th of April 2022 celebrates Ó Bhéal's fifteenth birthday and 670th event. This Volume XV of the *Five Words* anthology series features shortlisted poems from the most recent competition, including prize winning entries from Marcella Remund (1st), D W Evans (2nd) & Peter Arvan Manos (3rd). Judge and Cork poet Maurice Riordan selected the shortlist from 617 entries (from 27 countries).

2022 sees a change in Ó Bhéal's mode of delivery from virtual to hybrid, a welcome silver lining after online confinement for almost two years. This allows us to retain the international viewership & participatory audiences gained during the pandemic. The 9th Winter Warmer Festival also boasted its first hybrid edition, integrating inperson and digitally-based poets & audiences into the same experience from its new home in Nano Nagle Place. Our hybrid events have been evolving quickly thanks to a series of Digital Capacity Building grants provided by the Arts Council.

Our core Arts Council Grant remains unchanged in 2022 despite the return of venue and accommodation costs, as well as increased digital and insurance overheads. Our efforts to generate income to cover these expenses are ongoing. We retained our Foras na Gaeilge and Colmcille grants in 2021 & 2022 and our all-important revenue grant from Cork City Council is also secured. Public donations in 2021 were significantly low, while guest fees at the Winter Warmer increased to a minimum of 200 euros.

Ó Bhéal's International Poetry-Film competition was successful in 2021, with 184 submissions received from 32 countries. Screenings were simulcast and projected inperson at the Winter Warmer festival where we included for the first time a special selection of Irish poetry-films, due to a significant increase in quality submissions.

Ó Bhéal's 2021 *Unfinished Book of Poetry* project including a well-attended online launch and outdoor readings via inclusion in Cork City Library's Poetry in the Park series. The Cork-Coventry twinning exchange also continued by taking advantage of online limitations to edit & publish *Twin Skies* (Ó Bhéal Press, 2021), a collection of twin city alumni poets. The publication was launched over two large online readings hosted by each cities' respective event organisers.

2021 was a year of immense loss for many around the world. Cork and the Ó Bhéal community keenly felt the loss of two much-loved, regular poets in the space of two short months, Joe Sweeney (RIP) and Jackie Shortland (RIP). They are remembered with fondness in the Hayloft Bar.

We are very grateful to all who supported us during our fifteenth year.

Paul Casey Director Ó Bhéal "I buy soy sauce and flavour it five different ways: with sake, mirin, sugar, kombu and bonito flakes. I use them on lots of dishes at home."

Masaharu Morimoto

# 9th Five Words International Poetry Competition

### SHORTLIST

### Winner

Marcella Remund (USA) Caught

2nd Place

David W Evans (Jersey) Finding Nero

3rd Place

Peter Arvan Manos (USA) Bleeding Kit

Other Shortlisted Poems

Peter Longden (England)	stream
Cindy Botha (New Zealand)	Small Blues
Marcella Remund (USA)	Bathing Mother
Christ Reed (New Zealand)	A Barrow from the Marketplace
Rosemary Norman (England)	Lines from the Lateral Canthus
Laura Theis (UK)	Sleep Lessons From Birds
Kyle Vaughn (USA)	The Complete History of the Lyric
Dean Gessie (Canada)	Foregone Conclusions
Eoin Hegarty (Ireland)	With Blackbirds and Pirates

# Marcella Remund *First Place* trace steal bluebell forget year

#### Caught

It's best to forget. Forget the way the bruise-blue spreads under your skin

like seeping seawater, like a cluster of bluebells wilting in late afternoon. Forget each day's constant clanging—

the news, death counts, digging in behind new enemy lines, friends turned strangers, their mouths full

of burnt slogans. Forget that fear was let go from its cage, how it stalks you, fanged, gone feral, how it steals

small children. Forget pleasantries, kindness, long embraces. Forget nostalgia always biting at your heels.

Forget all traces of the time before. In fact, it's best to forget the whole year, decades even, today.

Forget the constant unravelling of the beautiful sticky webs we've spent our lives spinning,

and in which we've only caught ourselves, having long forgotten how to bite through the silk.

# David W Evans Second Place drop ripe wool top carve

### **Finding Nero**

How can lads worry about looks, or universal loveliness once your mammy says you out-women women and emasculate men? Says you outrival all living and all the dead in Livy's histories and well beyond, starting with Saturn at the crack of time when chaos was toppled, quashed to make a fitting world for me to rule?

A mirror of Phoenician bronze blazes out a similar truth, reflecting back perfection mixed with god-dust. Divinity burgeoning, I reckon and not like that twat kinsman either – am not mad, and others see it anyway. *Carved in the stars* a senator told me, swear it! A philosopher sort said he didn't see the point till he felt it, drip by drop – if you get me?

I am Hercules come home and wear a lion pelt to prove it that fits me like the purple. The audience ripen to my allusion, they're big on myth these punters, I would say worshippers, but modesty becomes the becoming godly. I can play mortals too, honestly! Humble roles: Adonis in his happy times, or pool-eyed Narcissus...

I do him bored, recumbent, prone to greet a visitor. Forgetting muscle for a minute, I'm bound to mention artistic talents. The shows! The stage! I write, compose, *belong* in every genre, indulge the critic's tears! I wade tit deep in five-star reviews weekly. Crack the stoics dried out wrists into pyres of mad applause! Ecstatic!

The bald bastards rave nightly over dinner, coining plaudits at every banquet. It's what I do. Have them standing for hours applause, applause! I lock doors on enjoyment, a true poet ignores entreaties for more...

# David W Evans Second Place drop ripe wool top carve

Encore! Encore! Wary of surfeit, I forgive without forgetting a flagging clap, the petering out – those little pitters piss me off, smear my joyous day with shit...

Mammy's changing. Yesterday she picked apart my finest elegy (to date). A fine conceit: the stone of Sisyphus speaks, debates the roll down Tartarus hill, mentions Delphi, adores what I've done with the colosseum, especially the statue of me; and for all that, Mammy turns full faced and calls it woolly Greek! I'd spent one full hour composing it to lyre parts, the metre seemed to fit.

So mad I could hardly speak when, before a senatorial host, I swear I heard her whisper *doggerel* or words close to that effect! One day she'll die. One day she'll die and I shall fill to brim-full a lachrymatory – bucket sized, a trough! Meantime, I will say: watch your diet dear Mammy mine I need you with me yet! Remember Uncle Claudius and his mushroom fest'?

I will pare away her powers. Pluck them idly one by one, like scented petals showered over dear Poppaea. Nothing can sweeten that lemon-sharp pucker of a mother's disapproval except, of course, her utter removal from this, my earth. By what harm? Poison? Sword? Or the veiled gift of a novel yacht?

O! heavy my heart at the thought of her dying, it's fatiguing to think of the oodles of odes, I must write to her memory! Mammy mine, Mammy mine.

# Peter Arvan Manos *Third Place* crust syntax blink cluster flint

### Bleeding Kit\*\*

Our governments are not rudderless but rather have pablum or greenbacks or quids or quid pro quos as the syntax of the riffraff running the stuff they do, and running us ragged on either side of the pond, from the centuries-old blunders or blunderbusses of colonists with their flintlocks, to today's automated AR-15 bump stocks efficiently killing, and with quick cleanups the epitome of our numbness nowadays rather than resiliency as emergency workers and even some schoolkids now have battlefield-styled "bleeding kits" to better respond to mass shootings before the blood of victims becomes crusty as hunkered victims die in clusters of mass shootingsevents which cluster together in increasing frequencyand we've no time to blink between one and the next as gun lobby pundits muster new buzzwords hovering ready for another one, like buzzards.

\*\* Inspired by the 13 June episode of 60 Minutes, which included a segment titled "High Velocity" regarding distribution of battlefield-styled first-aid kits for better response to mass shooting events in the US.

# Peter Longden Shortlisted stream queue cherry brim self

...stream...

I was thinking that this could be something about ducks; They might be beside a stream, Mother mallard with a stream of ducklings taking their turn, A well-established routine of order. To drop from the grassy bank with a slight plop Into the stream, their invisible duckling feet Turbocharged invisible movement keeping them stationary against the downstream current; Or perhaps a music queue, of the sort Sorted seemingly at random by the Spotify algorithm (Other players are also available) playing five little ducks, of white, of black and yellow on a stream lined with cherry trees once a year brightening its passage a celebration of spring in frosted icing or earlier in the year would locate us: January Japan; February Fuji its slopes rising, old below new, built, still building, around its brimstone heart magnificent in its passive, not dormant self-isolation; steeped in self-aggrandisement; of Shinto influencer in self-promotion live-streaming for the social climbers now finding themselves immortalised swimming in a stream of consciousness

# Cindy Botha Shortlisted edge master sigh moth wild

### Small Blues

have colonised the knee-high kidney-vetch along the meadow's fringe, those dusty little butterflies that look like moths but aren't—

the giveaway's how they fold their wings: not back and down, but perfectly aligned into a tiny sail without a mast, erect and pyriform. They're not blue either, bark-brown and unassuming but for the picotee edge to their wings mimicking the vetch, its leaves hem-stitched in white. They ignore poppies, the wild marjoram and meadowsweet—

but if you stoop to the shy pea-blooms and slip your hand through woolly yellow clusters, you'll launch, as if on a sigh in sudden uplift, a fleet of dainty paper boats more than moth, but less than dazzling Morpho.

# Marcella Remund Shortlisted heat minute fracture question mountain

**Bathing Mother** 

The first time I bathed Mother after the cancer's heat carved the great mountain of her (one I could never approach)

into a rutted hill of loose flesh and jutting bone, I noticed for the first time the odd angle of one rib, where some minute fracture—

falling against the bed post, leaning too hard into a kitchen chair, or breathing—had dented an otherwise smooth arc. I traced the rib

with a soapy hand, gently washed her back. This new land! There, behind her knee, a scar like a ragged star. Below her

disappearing breasts, a curtain of skin where cancer had eaten up the muscle and fat. The discoveries of this moment,

my mother soaked and naked, small, afraid to look me in the eyes, was something beyond intimacy. It was

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# Marcella Remund

### Shortlisted

heat minute fracture question mountain

mystery unveiling itself, it was a gasp without sound, her final unspoken question for me, one I will never be able to answer.

# Christ Reed Shortlisted opaque cloth twist late rain

A Barrow From The Marketplace

A shopping trolley appeared on the curb this morning. I do not know this trolley. I have had no previous dealings with this trolley nor its previous context and contents. Adorned with bits of ragged cloth, it is a homeless trolley with no discerning markings or identifying features. It's one of them little ones. I have no doubt it's lost, possibly afraid. I bet it dreams of bigger and better things. Like a Christmas Turkey. Because, surely, that must be the epitome of shopping-based freight transportation: the mother of all produce. The turkey may be fresh or frozen (I doubt it makes a difference when it is late and the supermarket is quiet and the trolleys, lined like playing cards, brag about their day.

# Christ Reed Shortlisted opaque cloth twist late rain

How a child sat in one - the little blighter, or that older fella did that jumpy skip run with another). They trade stories over a shot of oil and a 'danke schön' from their homeland. Is there a competition system for their tales? Do they run their own Olympics when we aren't aware? The fluorescent lights shimmering off their zinc coated frames in aisle races; the four-wheel twist ones careening through fruit and veg. Or perhaps there is some initiation test: a rite of passage, after which the little trolleys drop their belly like a middle-aged man and let the opaque handle caps scratch and sag. In time, they may get to a stage where they can support their own baby seat.

# Christ Reed Shortlisted opaque cloth twist late rain

Maybe.

Maybe do some international

travel and pick themselves up

one of them coin

operated locks. Maybe do that first. Before kid seats.

I'd better get this one back. Before it starts to rain.

Let it get back to dreaming.

# Rosemary Norman Shortlisted slow space electric fine crow

Lines From The Lateral Canthus

of the human eye are called crow's feet already by the thirteen-hundreds

and are known besides as witch's feet not because witches are old

but because she'd keep foot-of-crow to cast death spells as if death

didn't come readily without her curse. It came in the terrain of forests

and deep valleys in Vietnam marked Crow's Foot, full of tight spaces

for ambush, and enemies of a popular symbol of peace gave the name

to that, though there's nothing in it of ragged talon and it's spared

no-one a slow ageing. Battle fine lines if you must with fillers, Botox,

peels and laser resurfacing. And yet studies have found a smile

# Rosemary Norman Shortlisted slow space electric fine crow

rated more authentic with crow's feet than with none, and the face

itself more intelligent, more pleasing. Ask a witch. She won't hear of

electric remedies for eventual death and our notion of chemical ones

for flaws left by the habit of laughter is what wrinkles up her grin.

# Laura Theis Shortlisted date stitch remember bright earth

Sleep Lessons From Birds

I.)

there are dates in the year when the nights are so bright even owls become larks

### II.)

remember the kindness of sleep is winged but claw-footed: sleep looks like an eagle-sized nightjar, poised to swoop down where it spots you

### III.)

in a nest, on a tree branch, a rooftop, a trunk hole, mid-river, or down in the earth: choose wisely

IV.)

dream of the sky, dream of yourself as one stitch in a murmuration

### V.)

close your grip, let the tendons in your talons tighten as you perch, and you won't worry about falling

# Laura Theis Shortlisted date stitch remember bright earth

VI.)

watch out for the moths, they steal tears while you sleep, don't let them drink from your eyes

VII.)

if you ask the swifts you should sleep on the wing, once you are high enough to glide

# Kyle Vaughn Shortlisted date stitch remember bright earth

The Complete History of the Lyric

On this date, in some century, someone discovered a door, or confessed their love, or looked through a telescope.

Light burst through a galaxy. Everything was light, and then—the disappearance of the moth. Silence as wild as the edges of strawberry leaves. I gave up

my voice until the hem of her skirt lost its first stitch, unraveled into a green river. How long, how long the journey of desire.

It is dust without its patience. It is. On this day, you pronounced my name. I dug bright purple ore from the earth, forgot my grief

in the year of your eyes. The day it snowed, the whole countryside sang it—the earth remembered it—that landscape that ends at you.

# Dean Gessie Shortlisted horizon slant fold ice key

#### **Foregone Conclusions**

when I am one hundred, inclusive language will be rain and bulb and we shall use these to seed the horizon with tender shoots. when I am one hundred, skin colour will be as autumn leaves and the viewfinders of wePhones shall frame wonder and awe when I am one hundred, the animals of the earth will be holy of holies and they shall no longer know the bullet, the knife and the net when I am one hundred, senator trees will be left their roots just as the elderly shall know deference and reverence when I am one hundred, charity and kindness will be monetized and the currency of billionaires shall be free hospitals and schools when I am one hundred, the atmosphere will be rich with oxygen and we shall only hear of fossil fuel deployment in war museums when I am one hundred, every household will care for a dog or a cat and everyone shall know what it is to love thy neighbour as thyself when I am one hundred, social media will be as the solar system and we shall not see dark matter but for the billions of stars when I am one hundred, games will have no scorekeeper nor outcome and everyone shall know the thrill of competition and the joy of play when I am one hundred, the stock exchange will stock things useful and those who visit shall not want for food, shelter or friends when I am one hundred, the gender rainbow will be the vault of heaven and what light that slants that way shall be the flag of Yahweh when I am one hundred, *climate change* will be axis, tilt and rotation and polar bears shall know once again snow pillows and ice sheets when I am one hundred, poetry will be printed on cereal boxes and the most important meal shall be metaphor and granola

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# Dean Gessie Shortlisted horizon slant fold ice key

when I am one hundred, children will sit with lawmakers and politicians and adults shall navigate legislation with moral compasses when I am one hundred, houses of worship will only honor *one visit* and those in the fold shall have as many homes as they do houses when I am one hundred, the statues of despots will populate town squares and only flying and roosting birds shall prove interest of duty when I am one hundred, heads of state will be first among foot soldiers and they shall use feet to run opposite of war and no heads will roll when I am one hundred, jails and courts will house ghouls and ghosts and we shall visit on Hallowe'en to recall the horrors of skeleton keys when I am one hundred, indigenous peoples will have reclaimed their land and generations of colonizers shall exchange loot bags for tourist visas and when I am one hundred, I and my partner will make love like acrobats and we shall give thanks for middle age and our next hundred years

# Eoin Hegarty Shortlisted wi-fi blackbird drop open climate

With Blackbirds and Pirates

The youngest picks through the few shells on the shelf, trying each one as if they're earrings. Biding time, keeping me

from the laptop and that pale screen and distance bleeding into my glasses. The room's fussy climate of hardbacks and ink

is dull and incomprehensible to her. "Where's the sea?" she asks. For today a blackbird whistles within a painted topshell – notes

of wing and orange drop from the aperture as cartoons or melodious roller skates humming in the dark. And these spirals

perched on *War and Peace*, a live ariel twitching on the wi-fi box. Too small for her ear, they're knocked together in a cold coupling,

conjuring the idea of sugared cavities or kissing boys. She moves on to an urchin, hewn and stripped bare like a broken toy. It's supposed

to work as a magic lantern if you put a light inside. *Cockles go leor!* A pirate falls from one of the books and taunts me. *You've been busy!* 

There's a pink one from a beach south of Rome; others from colder shores are greyer, but with ridges you can pluck like harp strings.

And here it is – the large whelk where the tide tongues your ear like a lazy dog. "But how?" "It just does." Is my lame answer.

And for a moment we retreat into its sheltered opening, two hermits in a pod, latching tight to its columella with the finger of a dream.

Marcella Remund First Place

**Marcella Remund** is from South Dakota, in the heart of the American Midwest. She taught at the University of South Dakota, where she also served as Faculty Advisor to the VLP, the university's student creative writing organization. Her poems have appeared in numerous journals. Her chapbook, *The Sea is My Ugly Twin*, was published by Finishing Line Press in 2018. Her first full-length collection, *The Book of Crooked Prayer*, was published by Finishing Line in 2020. Her recently completed unpublished manuscript, *The Sin Ladder*, is based on Ireland's Magdalene laundries. Marcella and her husband enjoy small-town living in their multi-generational, multi-species household. You can find more information and links to her books, at www.marcellaremund.com.

# David W Evans Second Place

**David W Evans** was born in Newcastle upon Tyne and lives in St Martin, Jersey. He won the Alan Jones Prize (2019 & 2021) and was shortlisted in Ó Bhéal's Five Words 2020 & 2021 competitions and the Wells Open Poetry Competition 2021. He has been highly commended in *Acumen* (2020 competition), *Segora* (2021) *StoryTown Corsham* (2022) and the Shepton Mallet Snowdrop Festival Competition (2022). His poems have appeared in various anthologies and publications including *Frogmore Papers, One Hand Clapping, Proverse, Acumen, The Honest Ulsterman, Best New British & Irish Poets 2019 - 2021, Epoch, A3 Review, Madrigal* and Dreich.

Peter Arvan Manos Third Place

Poems by Peter Arvam Manos have been published in *The New York Times, Yellow Chair Review, Eunoia Review, Modern Poetry Quarterly Review, Abstract Mag TV* and in *TAB: The Journal of Poetry & Poetics,* and elsewhere. Peter has completed two poetry chapbooks, *Walt Whitman's Wolves,* and *Myriads* which together are part of his unpublished book in progress, titled *The Real Dirt.* 

Peter works as an industry analyst and strategy consultant in the areas concerning sustainability, wind and solar power, energy efficiency and electric smart grid developments.

# Peter Longden

**Peter Longden**'s passion for writing began over 20 years ago when he realised he wanted to record what he sees in the world and tell stories about it, perhaps for others to read. This is particularly in poetry, a few poems have been published in local anthologies; but also, he has written a fantasy adventure with his son Joe (still looking for a publisher) and enjoys short story and flash fiction writing:

"I guess, I really just enjoy writing! My mum gave me my love of reading. I am married to Sally, 38 years this year and we have two grown-up sons, Ben (31) a graphic designer in London; Joe (28) a mature student of English and Creative Writing at Coventry University, completing in 2022. I had a long and varied career in youth services retiring from my role as a local authority Youth Service Manager in 2017 - more time to focus on my writing!"

### Cindy Botha

**Cindy Botha** was born in Kenya, grew up in South Africa and now lives in New Zealand. She began reading and writing poetry at nearly 60 while caring for her mother, a dementia-sufferer. Her work has since been published in New Zealand, the UK and USA. She was awarded 1st place in *The Rialto* Nature and Place Poetry Prize 2020.

### Chris Reed

**Chris Reed** is a New Zealand based high school teacher, a musician, and an award winning writer. One of his main passions is promoting reading for the benefit of young people throughout the country. He believes wholeheartedly in the power of words and of sharing stories through poetry, short stories and novels. Chris's home is in Auckland where he lives with his wonderful wife and two beautiful girls - to whom he dedicates all his writing and successes.

### Rosemary Norman

**Rosemary Norman** lives in London and has worked mainly as a librarian. One poem, 'Lullaby', is much anthologised and her fourth collection, *Solace*, is due from Shoestring Press later this year. Since 1995 she has collaborated with video artist Stuart Pound and their work together has been screened at Ó Bhéal poetry film events. More can be seen on Moving Poems and Vimeo (vimeo.com/user22959458).

### Laura Theis

Laura Theis grew up in Germany and writes songs, fiction, and poetry in her second language. An AM Heath Prize recipient, as well as the winner of the 2021 Oxford Brookes Poetry Prize and the Hammond House International Literary Award, she was runner-up for both of the 2021 Mairtin Crawford Awards, shortlisted for the Alpine Fellowship Writing Prize, and longlisted for the BBC Short Story Award and the UK National Poetry Competition. Her debut collection *how to extricate yourself* (Dempsey and Windle, 2020) won the Brian Dempsey Memorial Prize, was nominated for an Elgin Award and selected as an Oxford Poetry Library Book of the Month. Her work has been widely anthologised, appears in places like *POETRY* (forthcoming), *Mslexia, Rattle, Strange Horizons* and *Aesthetica*, and was published in the UK, Ireland, Belgium, Germany, Canada and the U.S.

## Kyle Vaughn

**Kyle Vaughn**'s poems have appeared in journals and anthologies such as *The Journal, Adbusters, The Boiler, Poetry East, Vinyl, A-Minor, Introduction to the Prose Poem* (Firewheel Editions), and *The Shore* (2021 Pushcart Prize nomination). His prose has appeared in *English Journal*, and his photography in *Annalemma* and *Holon*. His non-fiction book *A New Light in Kalighat*, featuring photos and stories about children in the Kalighat red light district in Kolkata, India, was published in 2013 and featured by Nicholas Kristof's Half the Sky Movement. His book *Lightning Paths: 75 Poetry Writing Exercises* was released in 2018 (NCTE Books). You can find more information at www.kylevaughn.org, on Twitter at @krv75, or Instagram at @kylev75. Kyle can also be contacted via email at kylev75@gmail.com

### Dean Gessie

**Dean Gessie** is a Canadian writer who has won or placed in more than 100 international literary competitions. Among other honours, Dean was included in *The* 64 Best Poets of 2018 and 2019 by Black Mountain Press in North Carolina. He also won the Aesthetica Creative Writing Award for Poetry in England, the Periscope Open Fiction Prize in England and the Creators of Justice Literary Award from the International Human Rights Arts Festival in New York. Elsewhere, Dean won the Frank O'Hara Poetry Prize in Massachusetts, the Enizagam Poetry Contest in California, the Ageless Authors Poetry Contest in Texas, the Spoon River Review Editors' Prize in Illinois, the Allingham Arts Festival Poetry Competition in Ireland, the COP26 Poetry Competition in Scotland and the UN-aligned Poetry Contest in Finland. Dean's short story collection – called *Anthropocene* - won an Eyelands Book Award in Greece and the Uncollected Press Prize in Maryland.

### Eoin Hegarty

In 2018 **Eoin Hegarty** won the Cúirt New Writing Prize and was shortlisted for the Poetry Collection Award in the Listowel Writers' Competition. In 2019, he was part of a mentorship programme with American poet Sandra Beasley and took part in the Poetry Ireland Introductions Series in 2020. In 2021, he won the Listowel Poetry Collection award, and worked with Thomas McCarthy as part of Munster Literature's Mentoring Programme. He has been published in *PIR, The North* and *Southword*. He lives and teaches in Cork, Ireland.

### Judges' Comments

Maurice Riordan

Judging the Five Words Competition had some unexpected pleasures. One was hearing the jingling and sometimes jangling (a bit like goat-bells on an Alpine mountain) of the eponymous five words across entries. A second was spotting the serial entrants, including a serial writer of villanelles! None of which, alas, has made the prize list – the villanelle is the least forgiving form. But it was still a feat of ingenuity to have the given words so variously churned in the repeating lines. And I liked the one about cats.

My main pleasure, however, was the steady accumulation beside my desk of poems I loved -- poems (about thirty in all) that told me something I didn't know, or refreshed my view of the world, and that moved me, or made me laugh; poems that also knew how to run with an idea, how to keep it alive, and when to stop. When it came to winnowing that small pile, then it was with regret I set several aside. But some were unfinished or felt a bit 'draft-y'; others had weak endings; others again seemed too consciously *poems*. There were also – and this has carried through to the winners' enclosure – some lazy titles.

### - Maurice Riordan

### First Place - Caught (Marcella Remund)

Arriving at the winning order has more to do with taste than objective judgement, a matter of what seduces the eye and the ear more than what satisfies a set of criteria – and on another day, one suspects, or in a different mood, other poems might take one's fancy. But 'Caught' I found irresistible on many readings. It is a beautifully achieved poem. It has a toned perfection both of voice and stanzaic muscle. The repetitive use of the imperative provides an efficient little engine to propel the poem through our world of danger and damage, resonating at times with perennial fears, elsewhere suggesting recent circumstances. And then, almost unnoticed, 'forget' mutates into 'forgotten'. How smart is that! Never I suspect has 'silk', that last word, been used in the context of such forlorn constraint.

## Judges' Comments

Maurice Riordan

Second Place - Finding Nero (David W Evans)

By contrast, 'Finding Nero' is a poem of exuberant excess, freewheeling through that infamous life while giving its outsize subject a contemporary speaking voice, one we overhear in all its delusional self-obsession -- in its petulance, pettiness, cruelty, in its murderous insouciance. At the same time, this high-flying, often comical monologue is always tethered and secured by demotic phrasing and grounding detail -- 'perfection mixed with god-dust', 'they're big on myth these punters', 'pool-eyed Narcissus'. Is the maniacal narcissism, I wonder, specifically pertinent in our current world?

Third Place - Bleeding Kit (Peter Arvan Manos)

I was immediately mesmerized by 'Bleeding Kit' – very much a sad gloss on our age. It's a noisy poem in the best sense – with words and sounds clashing and ricochetting: 'quids' against '*quid-pro-quos*', 'blunders' into 'blunderbusses', 'flintlocks' and 'bump stocks', culminating with the off-rhyme closure of 'buzzwords' and 'buzzards'. Executed high-tempo as a single sentence, the effect is percussive and abrasive and in keeping, both in sound and image, with its disturbing subject-matter.

...stream... (Peter Longden)

I loved how '... stream...' contrived to self-invent itself from the off by simply – but resourcefully – following the promptings of association. Would the conceit snap, you wonder? Or would it all become a tangle? But no, it glides smoothly, as if without effort to its witty, seemingly inevitable, conclusion.

### Judges' Comments

Maurice Riordan

Small Blues (Cindy Botha)

'Small Blues' knows its butterflies. This poem is exquisitely, attentively, precisely observed. The phrasing – 'perfectly aligned / into a tiny sail without a mast' – is throughout *perfectly* calibrated by the lineation, and the effect is as finely drawn as a naturalist's vintage depiction by, say, Maria Sibylla Merian.

### Bathing Mother (Marcella Remund)

'Bathing Mother' echoes John Donne's 'O my America, my new-found-land' but how powerfully, indeed shockingly, it alters the erotic context and transforms it to raw physical vulnerability. And that switch is, well, also in a sense, erotic – or, as the poem puts it, is 'something beyond intimacy'.

A Barrow from the Marketplace (Christ Reed)

Who'd expect any 'lyrical' potential in an old shopping trolley? 'A Barrow from the Marketplace' sparkles with invention, humour and deftly choreographed movement. It is delightful in its lively mock-human engagement with the preposterous material. This is whimsy of the highest order.

Lines from the Lateral Canthus (Rosemary Norman)

The title 'Lines from the Lateral Canthus', so arresting itself, runs on into the tightly flexed couplets that follow. Ever alert to the surprise of a well-judged line-break, this is a skilfully articulated poem, agile and sure-footed in each step of its elaborate development from title through to the final image.

### Judges' Comments

Maurice Riordan

Sleep Lessons from Birds (Laura Theis)

'Sleep Lessons from Birds' recalls Wallace Stevens' 'Thirteen Ways of Looking at a Blackbird' but brings its own bravura to this method of improvisation. Each of the seven units is a mini-poem in itself, each its own vivid moment, but stacking up overall to make a satisfying whole: a remarkable feat.

The Complete History of the Lyric (Kyle Vaughn)

The title 'The Complete History of the Lyric' is poised provocatively above the poem's five tidy quatrains. This must be folly, we think! But no – the poem executes a daring series of steps and turns through terrains both familiar and unexpected to pirouette finally, and aptly, into being a love address to the 'you'.

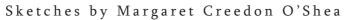
Foregone Conclusions (Dean Gessie)

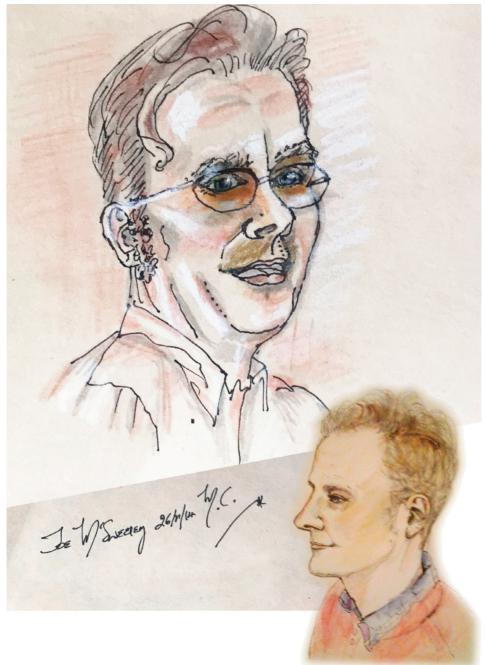
'Forgone Conclusions' is a splendid piece of anaphora. It unrolls with sustained energy and impressive range and variety as it imagines a futuristic Utopia. Cleverly, it builds that ideal world simultaneously with reminding us of its hopeless remoteness, if not its absolute impossibility.

With Blackbirds and Pirates (Eoin Hegarty)

'With Blackbirds and Pirates' presents a domestic study in every sense. It creates a vividly cluttered scene that blends parental irritation and parental affection – the scenario gracefully resolved with child and father (one thinks) united in childish, timeless wonder listening to the sea in the sea-shell.







# Sketches by Margaret Creedon O'Shea





# Sketches by Margaret Creedon O'Shea

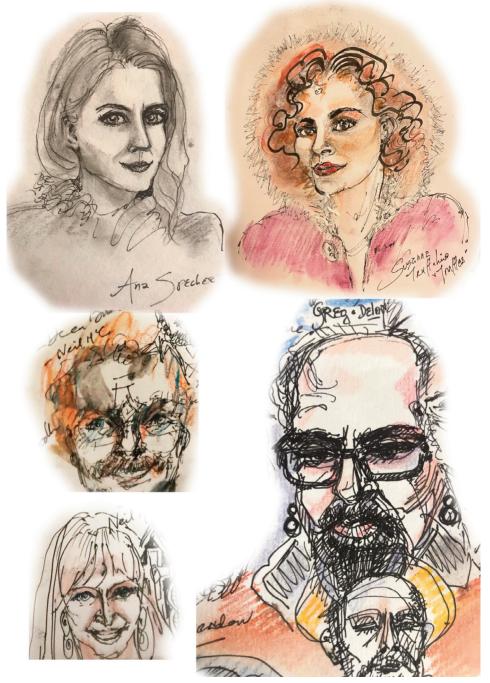








# Sketches by Margaret Creedon O'Shea





Catherine Badin 8th November 2021 cough friend escape memories cat

#### Hairball

My cat coughs He coughs a LOT Cough Cough Cough Cough -Sometimes it is accompanied By a grosse gooey hairball And sometimes - if I'm lucky - it is not.

Oh, do I love my cat? Well, of course I do.. I have such pleasant memories Of his licks and purrs and kisses.. He really is my very best friend -And whenever I feel sad or blue He gently puts his paw in my hand.

But then.. Cough Cough Cough -Up comes another disgusting hairball. He has left me a charming gift to clean up.. great! That's when I pretend I don't know him... never met him.. And I make a hasty, well-timed escape.

# Catherine Badin 10th January 2022 Grecian sensuous incorrigible kerfuffle monk

#### The Kerfuffle

It was 8 o'clock and Grecian Monk, Nikolai, was nowhere to be seen. In truth, he was always getting himself into all manner of unconventional kerfuffles with tourists which, more often than not, had wrought incorrigible and horrible outcomes. The other monks had thus aptly dubbed him, "The Rascal of Mykonos." But tonight.. tonight was different. He had finally succumbed to his latent sensuous yearnings which he had not heretofore allowed himself. Sister Sophia couldn't help but ask.. "Would they be found out?.

> 14th February 2022 love rocking scorn edge cynic

#### A Valentine's Day Gift

I'm all in for love; usually, that is.

rocking with my lover until the wee hours of the mornin'

but last night!

last night i became a cynic in the love game,

my lover had me sitting straight up on the edge of the bed screaming.

he'd brought me an ugly, scaly lizard as my Valentine's Day present!

"A lizard"??? I bemoaned.

"A lizard," he replied with a knowing smile...

"good luck for regeneration and renewal?..." he explained.

"isn't that what you said you wanted?" he asked impatiently.

"Oh, no!" I said with scorn.. I wanted tickets to see Eddie Izzard!"

Catherine Badin Winner - 14th March 2022 rain oak lust ragamuffin bitter

The Ragamuffin

This may start out sounding a lovely story; but it really isn't.

The rain came down gently on the oak trees beneath which huddled a teeny tiny ragamuffin. Everything about him was small, from his teeny tiny hands to his teeny tiny head to his teeny tiny widget of a dicklet.

Oh, what a sad and sorry ragamuffin!

It was almost St. Paddy's Day and he had no one to love him of the same size. You see, he had been trapped under a spell of bitter unfulfilled lust brought down upon him by an equally tiny leprechaun who, just like the ragamuffin, bore teeny tiny grudges.

# Cédric Bikond 12th April 2021 lake marvellous bill shrine preacher

Her

I cannot forget her but the memory of everything else is

#### uncertain

Sometimes when I try to remember. I see a lake with, at the horizon, an invitation to elope with her, Skip the whole thing, the wedding, at a marvellous shrine nearby. Paddle hard! Flip the bird to the preacher. Paddle into the sunset! Or maybe run... into a field of sunflowers, eloping, still. The price of our love is our family footing the bill.

We laugh off the day until the sky darkens and the air has this chill... Running down my spine.

I'm forgetting it. I pray to remember again with the next pill.

I don't want to forget her?

# Cédric Bikond 14th June 2021

### cat baldaquin constricted curtain floral

#### The Messenger

I was visited by a black cat, yesterday. Discreet neighbor, Symbol of thoughts I should not feed, yet cannot help but entertain.

He came by and near the window sat and stared into my soul, through the floating tulle curtain.

The omen was not good, with the distance between us uncanny. The silent messenger was only bearer, no support.

The phone rang, my mother spoke. The words were not told, held back in our chests already constricted

The cat watched me rain inside His side of the window was sunny with a floral baldaquin for shade

When the clouds cleared from eyes The feline nodded and moved on Taking with him a piece of me.

He will not be back.

# Cédric Bikond 9th August 2021 release beercan intimacy hoe tofu

Untitled

"I'd like my tofu fried, please" "Tofu, fried. Very well"

The waiter scribbles on his paper and immediately walks away. This bounty, given on a slow evening, is a release. The shift might end sooner. There are a couple of lovers on the floor, sown like seeds by an amateur, scarce and spaced out.

This arrangement, however, allows for perceived intimacy, as the tables do not realise that quiet atmosphere enables eavesdropping on conversations. The serving is done, the eating carries on. The waiters are ready to reap the orders, notepads for baskets, pens for hoes.

Nothing grows out yet, except for the mundane, personal conversations about divorces of neighbors and recent births; Even vacations eventually came out, naught to be responded pre-emptively "I liked this brew! Maybe they will pour it in a beer can for me".

All waiters raise their heads, yet only one heads out to the table, in a perfectly synchronised movement, as if they shared a hivemind. Another walks to the door and flips the sign "open" The harvest has ended; they will go home early.

### Rosalin Blue 14th June 2021 cat baldaquin constricted curtain floral

#### Transcendence

Placed on an altar of sunshine purring, eyes narrow beneath a baldaquin of leaves

Cats meditate in stillness Zen oozing from their essence into summer heat

A curtain of Wisteria flows its labiate lilac woven in floral cascades

Over this site of prayers echoing Curls its roots around these rugged ruins

Church windows with no roof constricted by the beauty of wilderness

The tranquillity exhales light as my breath rises to merge into the vastness of the sky

The cats lift up their eyes follow the rays of my vapour and linger on the fragrant drapes

While religious boundaries transcend their mantra melts into brightness

# Rosalin Blue 13th September 2021 glow rugged obstreperous skill float

#### Skills

With the skill of Angels we float across this rugged terrain of time without ever burning the soles of our feet

With the skill of the Warrior we glow in obstreperous defiance ready in the face of the current winds and whirling currents

With the skill of Woman we hold a space of softness for the angels to land and the warrior to recharge in the silkiest clouds

With the skill of the Gods we will transcend all that is weak and indecisive until the fervour of love will power everyone's wings

### Rosalin Blue 8th November 2021 cough friend escape memories cat

#### Gone

The scent of you wakes memories my Love, my girl now silent and estranged

I drown my missing you in dancing alone escape in busifying myself with poetry not mine

Direct my love to my wilder friend new little tiger purring cat keeps me sweet

And when you write an angry email, cutting I cough and scoff at your young contempt

And tame my hurt lick my wounded heart while waiting patiently until you evolve to return

Because forgiveness is the nature of motherhood

# Martin Brown 9th August 2021 release beercan intimacy hoe tofu

#### Chain Gang

('inspired' by an idiot brit politician wanting to institute chain gangs for offenders)

Chopping tofu with a blunted hoe is no fair task for hi-vis man. I beg release so I can go to seek intimacy with a full beer can.

### Pam Campbell 13th September 2021 glow rugged obstreperous skill float

Taken

Fireflies float in our Mason jars glow guilty stolen light obstreperous childlike-rugged human hands skillfully catch breath not ours

### 10th January 2022 Grecian sensuous incorrigible kerfuffle monk

A Man Boards

a train going somewhere. Incorrigible he is in public view: unwashed brokenness sensuous stink monk-etched kerfuffle railway Grecian hum...hum...hum...

### Pam Campbell 8th November 2021 cough friend escape memories cat

#### Purrhaps

coughs silky-soft tortie cat into dank darkness of junkyard rabble

tail switches like windshield wipers left to right again & again *fur*midable lines drawn between enemy & friend

*claw*ful clatter snarls & growls escape battle-torn bodies rage

tortie bends half-bit ear & body made wiser by life on-the-lam memories stir of gentle touch & care

*paws*ability sings tortie silky-soft *paws*ability song of hope

# Pam Campbell 14th February 2022 love rocking scorn edges cynic

Old woman

rocking memories keening sorrow burns cold hearth flickers like a movie reel come undone flaps curled edges old woman breathes in broken scorned cynical spaces warmth of love lights smile-flickers

# Jeff Cottrill 12th July 2021 ludicrous ship pyrolysis touch calm

She Calmed Me

She calmed me with a light and ludicrous touch Upon a ship, which I thought was just too much She said her name was Pyrolysis Such-and-Such Before her stroke became a painful clutch

### Jeff Cottrill 9th August 2021 release beercan intimacy hoe tofu

Johnny's Tofu Ale

They told me of a brand of tofu beer And soon, the liquor stores would sell it here The taste was nothing special, so they said But everyone should bring a beercan to bed Because it was a boon to intimacy Viagra couldn't hold a candle, you see With every drop, a man got great release And every ho would willingly cut her fees "A case," they said, "of Johnny's Tofu Ale Will see to it that no more marriages fail!"

#### Jeff Cottrill

#### 10th January 2022

Grecian sensuous incorrigible kerfuffle monk

The Truffle Kerfuffle

There was a great kerfuffle Over a Spanish truffle The incorrigible monks Were even worse than the drunks They said that truffle eaters were all sinners Especially when they downed them after dinners One said it wasn't Spanish – it was Grecian The only flavour worse than the Phoenician Another said it was divinely sensuous To eat a Spanish truffle with your mistress But while these arguers went on with their fray I stole the Spanish truffle and slipped away And ate it while it was within my power It was all right; parts of it a bit sour

### Margaret Creedon O'Shea 14th June 2021 cat baldaquin constricted curtain floral

Cruinniú na mBád / Les Barques Fleuries

Ma mere du Sanary-Sur-Mer. I'll fashion a baldaquin around your face. Thread coral roses for your garland. Peridots of greencat's eyes. Pearls for tears. Closed, demure in prayer. Voileveil to seal you. Decorate mosaics. Paint frescoes of Damascus. No azimuth will find True North. Lady of St Nazarin, of L'Occitane. Save our dead reckoning. My sextant finds the lunar distance to your Constant. High noon, our boats bedecked, Gardens, vines embrace my mast. Virgin from Galicia. Stone boat of granite . Galicia to Sanary to Connemara Brought them to James ... My High-noon Latitude. My Polar North Star. Hail Queen of Heaven, the ocean star. Watch our Seas, from Sanary to Connemara. Les Barques Fleuries - Cruinniú na mbád.

# Margaret Creedon O'Shea 11th October 2021 chaos autumnal yellow hybrid battery

Rocktoberfest

Hybrid of near meets far. Paul's wizardry of three laptops Conveys y'all here.

Lined up in a Hayloft, clucking battery hens. Happy chatterings. Low-flying hugs incoming. Missed you loads. How surreal it's been. Chaos split our nucleus. Yellow hazard signs arrest us. Fraternity of room chi, of missed nuances. Twists of smirks that hint ... Not sure about this.

Parked up near the Mall, by the Phoenix Bar, Autumnal branches grace the Lee-Harvest young, emergent lovers. Sycamore Branches, leaves strewn before us On our Via Appia ... to the Long Valley.

Take it easy on the liquor For we're re-woke, reblended, reconfigured . O Virginia! O Chicago! O Clonakilty! O Passage West! Don't wait too long to press our Flesh. Rock back. Throwback ... October Ó Bhéal -fest.

### Margaret Creedon O'Shea 8th November 2021 cough friend escape memories cat

#### Lady Boy

Sable fur. Sabre-toothed. Black coat. Piebald gummy. None but one single tooth, in truth. Jade-gazes through me when you saw fit. Languid on my lap, my Eartha Kitt. Con Hyde searched you, foundling, on Pipe Hill. White ankle socks? No. Not him. His were Bobby socks. Still we took in Patches 'Til Pascha returned to hide behind him. Mornings when we must wait For the mountain to melt. Through the window frost The collie skates to me in his silken tux. Lady boy retracts his claws On his garage window sill Balcony of Contempt. Then in he comes to read the room each time. On the make, by the fridge, on his perch, Gazing, trying to bewitch one last treat. He once clung close to keep me warm When first we came in Millenium, And I too tired for turf and logs. He sustained my lap. Vanished now tonight. Plaything for feral men? For predators of the creature world? Did you think of me as I do of you, my sable clad Lady boy? Adieu. Mein schatz. My very splendid cat.

# Margaret Creedon O'Shea 14th March 2022 rain oak lust ragamuffin bitter

Jaunty, King of the Flat-Car

Lusty cries of a soggy ragamuffin guy Stranded in the rain. O, it's alright for you. You have your sherry oak cask drained, While I sip a tinnie of Eastern bitter. All blue ... collared, like a Philadephia lawyer. All fired up on your uppers and downers. In your fancy trilby hat. Bet you think you're at Ascot. But you don't look jaunty to me. More like the jaunty king of the jarvies. The sulky king of the sulkies. Phoney alley cats, the lot of ye. Impoverished am I, but I have a clear view at the sky. My pen, from the AIB, is ... Free. The ink of my Drinklink mind flows for ... Free. I've got my memories. They're rich and ... Free. Sing it, The best things in life are ... Free. Empty pockets. Eyes full of stars \*\*\*\* I'll hoof it off and let you pay off the loan on your FancyYankee Flat Car.

# Jim Crickard Winner - 9th August 2021 release beercan intimacy hoe tofu

The Naked Mind

Blonderbrau, Dutch Gold, Karpackie, The wind chime tinkle of glass bottles, Sunsets trickling through my body, The hollow clang of beer cans, Dim morning light spilling through.

I've turned my back on Biggie Smalls -"Who Shot Ya." Now I'm a sober-hoe, poppin' bottles of Kombucha, Waking everyday to scrambled tofu and facon Released into uncharted lands of intimacy, and only with this naked mind.

# Jim Crickard Winner - 17th September 2021 soap smile medical insight tangerine

#### Untitled

I emerge from the soapy bath water Like Glen Close in Fatal Attraction Glistening under the harsh bathroom light with the sound of the incessant fan Along with flotsam of shower gel bottles and one driftwood lufa

I want to spill on to the floor, like the girl from The Grudge But I don't have the hair, at least not yet, Worn by a bemused mannequin head, staring into nowhere.

Make-up brushes, like a surgeon's theatre, Medically clean, I begin the procedure of turning my skin tangerine, smiling, baking, like a terracotta tile in the sun Until hit with the insight I'm all dressed up with nowhere to go

# Jim Crickard 14th March 2022 rain oak lust ragamuffin bitter

#### Untitled

A plastic bag floats in the rain like a Portuguese man of war nebulous immortal being caught on the branch of an oak that has seen wars and weddings, horse-carts and Hyundais and now a ragamuffin who urinates golden streams of pale ale all over her feet feels bitter that she cannot speak lusting for revenge she tilts her twigs and drops a water bomb on his head

#### Michelle Delea

#### 10th January 2022

Grecian sensuous incorrigible kerfuffle monk

#### Hollow

Was there ever a tongue carved in your closed mouth? Kerfuffle of Nikons and iPhones. Cacophony of Canon shots. Angel, goddess, caryatid, carrying your delicate, Corinthian load. Your garments allude to smoothness. a bellow of an old wind. Incorrigible Grecian sculptors and their monk-like shadows hack away at your sensuous cheeks, shut your eyes forever, or as long as stone lasts.

Massimo Elijah Winner - 11th October 2021 chaos autumnal yellow hybrid battery

Untitled

I am not just this or that Just black or just white Just flesh or just spirit I am a hybrid

My body of energy Is not just a battery It's also a conductor Making anything conducive to experience

The possibilities are so endless You would think that everything would be chaos

But for some reason We have seasons We have clocks We have clothes We have language And find a strange paradoxical luxury in being human That we can enjoy the unpredictability and the vastness of what we do not know Through the safe medium of unbelievably dependable controls

That's the only reason that I can attend an autumnal poetry event In a country all the way across the world In the middle of a galaxy Where the sun is so hot That it turns me yellow from a million miles away Massimo Elijah 13th December 2021 devil carry Christmas love wrinkles

#### Untitled

Swing low sweet chariot Coming forth to carry me home

To somewhere where my weary soul Can rest and need not roam

Over troubled waters Thy grace bestills the waves

Thy love is an immortal flame That does not die beyond the graves

Thy joy is like a healing balm That smoothens the wrinkles of time

Thy forgiveness is a blanket Covering this sinner from his crime

Though this life's but a flash Thy peace is eternal in its flow

May I not seek to seek it But just remember it is so

The devil's just a thought Maybe even God is too

But if I live to see another Christmas Then I will know that grace is true

#### Julie Field

#### 9th August 2021

release beercan intimacy hoe tofu

Distracted

You are vegan You say you like tofu You are a liar Nobody likes tofu

The dinner party is distracted by a lunatic moth battering about the kitchen, you stand to save it to release it you are vegan

You even set aside your beer can, I slide open the patio door for you impressed at how you cradle the moth, at how you pirouette around the hoe, confused by the intimacy you display to the uninvited guest

You invited me I await your attention

# Julie Field 11th October 2021 chaos autumnal yellow hybrid battery

Diego 23

A hybrid home welcomed a yellow lab with our bones open arms 3 weeks of chaos autumnal decay on my face batteries running low not sure how this will go.

You are challenging me a canine colossal life change wish I knew what you were thinking by Christ your farts are stinking the gaff this too shall pass let's hope you settle hope will help me cope. Ray Hanrahan Winner - 8th November 2021 cough friend escape memories cat

The Bitter Kitty

It's not easy friend, being a cat, That fur doesn't lick itself, y'know! Yeah you get your food handed to you But that's no good, I prefer the chase Yet I'm made out a criminal for the fancy. Would you like to have been separated From your darling mother At such a young age as was I? Nah, didn't think so. My kittenhood rearing Doesn't make for the fondest of memories. The moment I cough, the humans Who think they own me Think I'm sickening to death. So off to the dreaded vet. I can never escape. So if you ever say I have the life I'll scrawb your goddamn face off!

### Cathal Holden Winner - 13th September 2021 glow rugged obstreperous skill float

Lesson from the heart

The skill is to float On the surface Until the depth arises

Like a worm on a hook Like an ancient A rishi on a pillow Brigitte Bardot in a cocktail glass A thinker in a drunk tank A drunkard in a think tank A pharaoh in a honey trance

The skill is float

On the surface

Until the

depth

arises

Rugged mind is obstreperous She must remember How to glow

## Cathal Holden 13th December 2021 devil carry Christmas love wrinkles

#### Lucia

This is the day of st lucy The lightbringer See her descending, wrinkling the devil's darkness Her two arms full of survival, she carries her candles in a wreath in her hair It is christmas in the catacombs faith has been hiding for hope is a diamond hidden in pockets deep under the world

My love, Love is a fire

See her now tied To the stake in the square For her kindness

Lucia, the lightbringer She comes through the flames Whole and unharmed and unburned

#### Augustina Adéolá Jekennu 10th May 2021 yarn troublesome onion coldsore cassava

#### Yarn Made Of Love

Grandma was like a big ball of yarn made for love You could pull at it forever and would see no end to it That yarn knotted us together. Kept us coming back Making memories and staying on track with the family news The last time I saw her, things changed rapidly The start of it, she was strong, by the end of it, she was gone Like an onion, each month that passed another layer of loss was revealed, more tears would come Bitter tears I quickly learned how troublesome knowing that she was leaving could be I won't erase the memory of her arms and legs swelled up, hard and cracked like cassava I tried to massage it, she behaved like she did not know me But she knew me, and her eyes told me that She spoke in parables, no more long sentences no strength to shout being fed by hand cold sores formed from the nights I would stay up praying begging for more time, until I broke into fever I did not have enough of her I needed more of her I could not let her go My grief, resembles an everlasting yarn, It has no end.

#### Augustina Adéolá Jekennu Winner - 14th June 2021 cat baldaquin constricted curtain floral

#### 4 Paws in 4 Doors

I didn't choose the street life the street life chose me Having free things fills me with glee actually why would I ever have one when I can have many? spoilt rotten I am I get what I can and then some House number 5 has a lady who calls me "cat" House number 3 calls me Mr Black House number 11 calls me peter and the house with the baldaquin and sequin curtains thinks I'm a girl See life is good! Let me tell you why I could never settle down I will live my youth forever Because I have options, I gat choices All of them rapped around my little paw, giving into the sound of my purrrrr purrr purrrr meow Sardines for breakfast, meow dried for lunch. meow that wet pouch with chicken for dinner my own designated floral cushion in a warm room where I don't feel constricted handy on them rainy days easy peasy scratch on the door bump my head on the window nudge with my paws ves master what is your desire yes master do you want a rub yes master have you eaten

#### Augustina Adéolá Jekennu Winner - 14th June 2021 cat baldaquin constricted curtain floral

yes master it's cold out, stay inside yes master here's a snack yes master have some water yes master, I noticed you don't like the tesco value pouches, I went to the butchers just for you you sweetheart why on earth would i settle down when I can have all 4 paws in all 4 doors

#### 11th October 2021 chaos autumnal yellow hybrid battery

Hybrid Strain

The chaos in her belly simmered As her half flat social battery Showed glimmers of life She looked around and saw others Meshing together Like an intricate hand woven blanket Autumnal colours A comforting yet exhilarating Hybrid strain of collective consciousness She soaked herself in the moment

## Augustina Adéolá Jekennu 8th November 2021 cough friend escape memories cat

Clear my throat with every sip

I thought I might escape this cough and be in the company of friends forming fond memories but I thought about how the fear of covid might have people uncomfortably looking at me sitting in the pub enjoying the warmth trying to clear my throat with every sip thinking hopefully they believe me when I say it's flu season, and that's all it is ha! but instead, I sit here, watching online, talking about the neighbourhood cat to potential housemates soon to be filling an empty room

#### Róisín Leggett Bohan 11th October 2021 chaos autumnal yellow hybrid battery

If I could have put your breath back in...

recharged your respirations using a hybrid battery made from the chaos of a wren's heartbeat, I might have seen a spill of turmeric-yellow or the shadow of an autumnal halo in the space where you used to lie.

> Winner - 8th November 2021 cough friend escape memories cat

The Cat Girl

The cat girl escapes the aviary at night, picks the locks with fire-engine nails, sips in the memories left out by all the strays. Lonely chip bags cough-up ketchup, It smears the potholed streets like a disease. She licks her tail long with a sandpaper tongue, feigning indifference—

all she ever wanted was a friend.

## Róisín Leggett Bohan 13th December 2021 devil carry Christmas love wrinkles

Sick

It is true that the wrinkles you carried with the grace of crows' feet side-saddled your eyes—recognized time. It is true that love passed through your devilled-lips like the champagne you knocked back that Christmas... you were terribly sick. It is true.

#### Kornelia Mlak

10th January 2022 Grecian sensuous incorrigible kerfuffle monk

#### Monkey

In a Grecian pillar sits a sensuous monkey with a sheet of brown paper for a head and a pen for a hand and a pen for the second hand No one is told the ink colours but we all know they are incorrigible.

In a Grecian pillar sits a sensuous monkey with lines and twists of kerfuffle for a head and their hands are just hands and to us their head is now danger So we lock them in a Grecian pillar behind a carving of a smiling monk.

#### Matt Mooney 14th February 2022 love rocking scorn edge cynic

Rock 'n Roll

On a schoolday, not yet the sixties, rock 'n roll reared its head on the town's Fair Green between the stone-walled Courthouse and the blue of Loughrea Lake: a band of reveling rebel gypsies were rocking 'around the clock', before a thousand teenage thoughts, thrown airborne and caught again in a smashing thrashing dance just in and we couldn't wait to emulate to every electrifying Elvis number that enchanted our love lives then. Sent in a spin by 'Blue Suede Shoes', that took us to the limit of our aching lust for life and living to the edge of all that seemed safe and solid as an old time waltz in a village hall. Gone, gone, gone, "Are you going to San Francisco", carried on and up by flower power in the summer air that rocked the cynics on the sideline into liberation, silencing their scorn.

## Brendan Mulcahy 14th June 2021 cat baldaquin constricted curtain floral

Just because you're clueless don't mean you ain't gonna get crowned

Unheralded,

Baldaquin the Bewildered

inherited

the throne,

succeeding Floral Leviathan Stope V, (prim Jim McCurtin missing out again, after that catatonic incident).

Constricted in a nutshell, the Danish prince also fell by the wayside.

The rest, we know (Baldies, Beldams and Baldwins), is Silence. Brendan Mulcahy 13th September 2021 glow rugged obstreperous skill float

Catwoman And The Cats

Her mother visited often, Usually arriving in a well-decked-out Lexus. A skilled operator: neat hair, glamorous glow, Outfits fitting, together.

Catwoman cycled, in sports clothes, to work. On return, she toured the grounds With her bouffant, obstreporous Persians. In a puffa coat herself, her hair in a towel.

There'd been a bloke who used to come, But he'd gone at some point. Now it was just Catwoman and the cats And her mum in her classy slacks.

The day the female floated silkily into the back of my car, I asked its name, *Luna*, she said, extricating. *Short for lunatic?* I offered, to no avail.

There are others here: Bikini Woman, OCR, the Madwoman in the Attic, J-WAD. And the rugged Pyrrhus, lifting Weights in his studio. It's a community.

### Sarah Murphy Winner - 12th April 2021 lake marvellous bill preacher shrine

The Preacher

for Bishop Christopher Jones

The lake – his lake – is marvellous in the early light. He is old, older than he'd dreamed he'd reach and Still he says his morning prayers, like all the days. He had been a preacher and now he mutters the words By heart as he drinks his tea, his mundane sacrament, and notes In passing a bush that he will later prune, or begin to prune: Small steps are now the order of his days.

The shrine at which he worships has changed, Is greener, less gilded, his pulpit no longer a marble Podium, his garden is where he works now, Butterflies and birds to whom he preaches -Speaking of, he hears a splash, sees a heron plunge its Shiny bill for a drink, he gulps his tea again: In empathy, in communion.

#### Lauren O'Donovan 12th April 2021 lake marvellous bill preacher shrine

Lunch with Lucifer

I lunch by the lake, eating marvellous cheesecake with a base of crumbled flakes topped with a swirl of lavender liqueur.

I can't decide which to prefer– the cake, or the previous steak, which dripped blood and gravy over an embrace of roast veg.

Not being a connoisseur, I defer to my tastebuds, competing in a purr of pleasure, while my belly aches for more space.

By the time I call for the bill, my plate is a shrine to the skill of the chef, the preacher in this holy house of food.

Or, I think with a chill, judging by my arteries thickening, maybe instead, the chef is Lucifer and I am just a vessel of his will.

#### Lauren O'Donovan

#### 10th May 2021

#### yarn troublesome onion coldsore cassava

#### Cassavastina

The cassava, she says, is like a yam or potato. It's basically just another tuber, but a bit more troublesome. It peels in long strings- much like yarn. You can boil it or roast it. mash it or toast it. but most often it's eaten in a soup or a stew with pieces of meat and lots of onion. It's native to South America. and although perennial, they grow it as an annuala source of carbohydrate, in fact, it's the third largest source of food carbs in the tropics. You might know it best as tapioca, yes, like the pudding. It can be sweet or it can be bitterjust like a person. Some dry it and grind it to powder, then paste, believing in medicinal properties to cure cold sores and infections. but that's not true. What is true is that improper preparation can leave residual cyanide, enough to cause intoxication, paralysis, even death. Oh and also, she tells me, if I may be a bit naughty, it's related to the eggplant in that cassava also means...

Lauren O'Donovan 13th December 2021 devil carry Christmas love wrinkles

**Underworld Christmas** 

It's dark this time of yearactually, it's always dark here, but Erebus looks so festive. carrying souls along its flow, illuminated by inferno-red wrinkles of rippling lava. The souls are seasonally dressed in jumpers knitted by the furies. Intricate patterns of snowflakes and skulls in the colours of midnight and moonlight. Guided by the ferryman, they descend before the judge who decides who's nice or naughty, with the nice banished to above. Those chosen are led by Dante, adorned with elf ears and toe bells. through the grotto, around the Lethe, until they arrive to queue at the throne of father. One by one the souls ascend. Some pet Cerberus as they pass, dropping treats of pomegranates. On the altar, they climb bony knees and sit on the Devil's lap to whisper Christmas confessions and promise to never look back.

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#### Lauren O'Donovan Winner - 10th January 2022 Grecian sensuous incorrigible kerfuffle monk

This Poem Will Win the 5-Word Challenge

I don't mean to cause a kerfuffle, but it's true, this poem isn't a prediction it's a piece of propaganda, for I have purchased the promise of victory from the ancient monks on mount prosody. They plucked the starlight from the eyes of a newborn deer, and bewitched the river Booze that flows down the long valley to ensure my ultimate victory, this treasure within my grasp yet each month slips away like sand. This crown of Laurens— I mean, laurels, woven with an Ó Bhéal logo and a link to the weekly five-word window.

But who can trust monks? So I doubled down, I pulled a Trump, and unleashed a campaign of bribery and blackmailery. For Stan, that fellow with the grecian hair and sensuous bespeckled stare, I hired a click farm to make his website number one, and my triumph, as secure as done. Mr Casey, I threatened to reveal his addiction to... MacBook Pros, of which he has not in threes but fours.

I tried... but Rosie is completely incorrigible– I mean, incorruptible, and could not be swayed by my sweet song. Kornelia, well that was easy, for I have seen their true heart and all I needed was a Spotify playlist

## Lauren O'Donovan Winner - 10th January 2022 Grecian sensuous incorrigible kerfuffle monk

with 100 hidden gems from 2010. I could go on, but you get the point (And a 50 euro gift card to Waterstones, I promise will arrive tomorrow in the post).

So to conclude, if you love babies and kittens, in the chat type Lauren. If you want to save the whales and end direct provision, in the chat type Lauren. Tonight, let's unite under a flag of peace and poetry and raise our voices and keyboards in a cry of Lauren!

## Rosie O'Regan 14th March 2022 rain oak lust ragamuffin bitter

#### **Raggamuffin James**

When rain falls, he remembers the oak the body of the tree, his body, how they were one, in-out-out-in they breathed together beneath those outstretched arms he was never lost time and again, when it rains, James remembers himself, forgets the bitter seed that grew his ragamuffin heart the axe man's fall

### Michael Ray Winner - 17th September 2021 soap smile medical insight tangerine

#### Zoom

Ó Bhéal is in preamble, perched on the lip of my bath, and I'm watching, wearing an expansive smile and a few suds after a frisson with my favourite tangerine soap when I have an insight so fleeting it disappears before I have a handle on it and I brush my screen with the tip of the loofa I'm using to conduct a syllabic chanson, when suddenly there I am, in the world, all pink and rectangular and open-mouthed, reclining half underwater as if part fish, part exhibitionist, waiting for a virtual medical.

## Catherine Ronan 11th October 2021 chaos autumnal yellow hybrid battery

BOB

There was something about Bob So different in a red dress

A cheeky chap with yellow nails Clinging onto chaos with a smile

A hybrid kind of guy Neither here nor there

An autumnal lover On his wet knees

A cloak of russet leaves A crown of thorns

Pockets full of nonsense But oh, how perfect he was

My Bob My Battery Operated Boyfriend! Catherine Ronan Winner 13th December 2021 devil carry Christmas love wrinkles

My Christmas Party 2021

The day bristles with Christmas cheer The red day of San Nicholas draws near Devil of queues if you tarry Laden in the rain with too many Paper bags to carry - I have been there!

Covid is shit but masks hide wrinkles Fairytale of New York always worth a tinkle Santa comes just once a year To those that live beyond the Lee But we have the man himself here - Our very own Paul Casey!

Now I send my love to all in this room And to all my new friends

- on Zoom!

#### Catherine Ronan 10th January 2022 Grecian sensuous incorrigible kerfuffle monk

#### The Garden of 1977

The monks grew everything good in their garden Award winning cucumbers and courgettes All was peaceful until harvest time When the incorrigible nuns would descend With needles to mend their hems if you please But in 1977, two nuns made a beeline For the same hem – a monk with the biggest courgette There was a fisticuff kerfuffle *I saw him first* said Sr. Bernadette *His face like something on a Grecian urn Well you will have to wait sensuous Bernadette* Said Sr. Mary Contrary and taking the first turn She sewed his hem all, day, long!

#### Catherine Ronan Winner 14th February 2022 love rocking scorn edge cynic

Stray Cat Strut

Keep on rocking in the free Red world of love You said as we passed on the stairs To the Hayloft Bar Being the cynic I smile coyly – I know better I know life on the edge We start on a lusty retreat In bed for four fabulous days In a flat off Patrick Street No safe words or secret rooms A bed of roses without thorns Open-mouthed truth without scorn Duvet days in the rain Ordering Just Eat So we don't have to break the spell Of new found Valentines That is – until the door bell rang It was your wife reclaiming her straying Tom I was right – love is just another Four letter word

## Colm Scully Winner - 12th July 2021 ludicrous ship pyrolysis touch calm

#### Untitled

Pyrolysis is the least of our worries in our air rich, ludicrously moderate Irish Summer. Getting the barbie going can be a touch difficult. Striking matches by the three, shading charcoals from the uncalm breeze. Someone suggests shipping everything indoors. Have the party in the kitchen. If only it were legal.

(Written during covid restrictions, when all indoor gatherings were banned)

#### Phillip Spillane Winner - 10th May 2021 yarn troublesome onion coldsore cassava

Her Onion Heart

Her Onion heart beats to the tempo Of troublesome Troublesome, Troublesome.

She says her wounds Are not wounds But are only small cold sores that will heal up soon,

Troublesome Troublesome

She is clumsy big cassava fingers, Troublesome limbs blistered texture, And they have a mind of their own.

Troublesome Troublesome

In the end of the yarn of time, Nothing will matter anymore, Dust in the desert of many,

## Phillip Spillane Winner - 10th May 2021 yarn troublesome onion coldsore cassava

sandstorm spinning.

In a Troublesome Troublesome way

#### Laura Theis Winner - 12th April 2021 lake marvellous bill shrine preacher

reading shakespeare by the lakeside

I am alone today that is I'm not really alone

what I mean is I've got the lake to myself

sharing only with a handful of dark-feathered ducks that look like

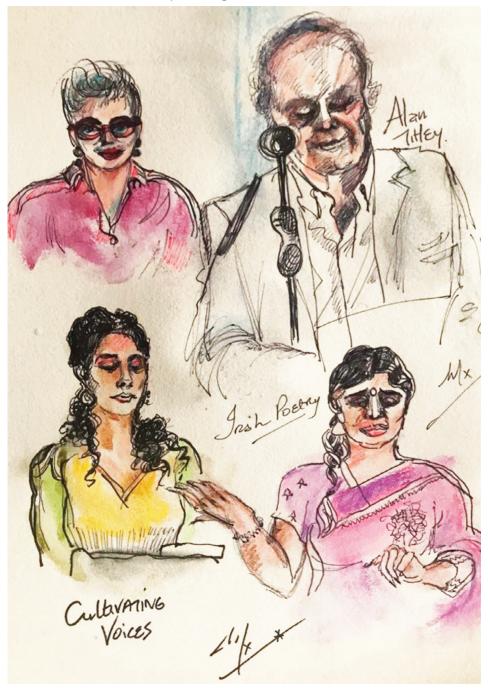
preachers with their white collars their stretched-out wings

and I've got a dog eared copy of the tempest so in a way I've got him too: bill

as I call him affectionately that marvelous dream

weaver whose legacy is enshrined In our language

between him and the chattering ducks I have all the company I need









#### International Poetry-Film Competition Shortlist 2021

## Screening A

available now at vimeo.com/650683189

Caroline Rumley (USA)	Stitch
H. Paul Moon (USA)	Song of the Open Road
Paloma Sierra (USA)	I Am Soil Breaking Off
Curtis Brown (UK)	The Darkness
Colm Scully (Ireland)	Yesterday's Wardrobe
Noriko Ishibe and Kirsten Irving (Japan/UK)	Be Nice To Them
Mad Pirvan (Romania/Spain)	Las Hermanas del Desorden: Incantation
Aaron Kierbel (USA)	Somewhere in the Sky
Janet Lees (Isle of Man)	What I fear most is becoming "a poet"
Grace Wells (Ireland)	Banaís Ríghí, the High King Speaks
Abril Iberico Mevius (Perú)	Barbed Song
Pamela Falkenberg and Jack Cochran (USA)	Legacy
Angela Ify Mojekwu-Egbera (Ireland)	As I Rise
Marco Joubert (Canada)	The Atoms of Reality
Eoghan Mac Giolla Bhríde (Ireland)	Scamaill



#### International Poetry-Film Competition Shortlist 2021

## Screening B

#### available now at vimeo.com/650800867

Jonathan Brennan (Ireland/Mexico)	Four Attempts At Making A Human – (not) after the Popol Vuh
Eduardo Yagüe (Spain)	Los caballos están tristes
Luke Morgan and Michael Martin	Light Throwing Light On Nothing But Itself
(Ireland/USA)	
Sjaak Rood (Netherlands)	Jabberwocky
Pat Boran (Ireland)	Building the Ark
<b>Jim Hall</b> (USA)	requiem for a spoken word
<b>Suzie Hanna</b> (UK)	The Cherry Tree
Simone Massi (Italy)	The Infinite / L'infinito
Felix Castaldo (Ireland)	The Manifestation of a Situation
Janet Lees (Ireland)	The answering voice
Mark C. Hewitt and Matt Parsons (UK)	Excuses
Marius Grose & Caleb Parkin (UK)	The Zone
Frank Wimbush (England)	The Pencil Sharpener
Charles Putschkin (UK/Sweden)	Disorderlily
Ciarán MacArtain (Ireland)	Lón



#### International Poetry-Film Competition Shortlist 2021

## Irish Selection

#### available now at vimeo.com/650457703

Brian Mackenwells	Cur Síos
Pierre O'Reilly	Joy
Colm Scully & Rosalin Blue	Der Fischer
Aisling Keating	Carrying the Songs
Grace Wells	Cranborne Woods
Damien B Donnelly	Dali Distractions
Colm Scully & Margaret Creedon O'Shea	Stills: Contemplation on a Painting
Luke Morgan & Michael Martin	Grand Hotel
Anna Loi	Millenia Seeking Infancy
Isabel Ronan	Policing Mary
Pat Boran	The Sea
Colm Scully	What News, Centurions?
Jim Mc Dermott	Borderland
Sinéad McClure	Lineage
Eoghan Mac Giolla Bhríde	Tusa





### McNamara Slam Winners 2021-2022

12 April	Sarah Murphy and Laura Theis
10 May	Philip Spillane
14 June	Augustina Adéolá Jekennu
12 July	Colm Scully
9 August	Jim Crickard
13 September	Cathal Holden
17 September	Jim Crickard and Michael Ray
11 October	Massimo Elijah
8 November	Ray Hanrahan and Róisín Leggett Bohan
13 December	Catherine Ronan
10 January	Lauren O'Donovan
14 February	Catherine Ronan
14 March	Catherine Badin

#### Guest Poets 2021-2022

12 April	Sinéad McClure, Jill Munro and Laura Theis
10 May	Dubhán Ó Longáin and Julie Field
14 June	Theo Dorgan and Lang Leav
12 July	Bebe Ashley and Tom Moore
9 August	Twin Skies – Poems from Cork and Coventry
13 September	Colette Nic Aodha and Colm Breathnach
17 September	Elizabeth McGeown and Jenny Lindsay
11 October	Neil McCarthy and Dean Browne
8 November	Tribute to Joseph Sweeney
13 December	Conor McManus and Leontia Flynn
10 January	Mark Granier and Massimo Elijah
14 February	New Creative Writing from UCC
14 March	DS Maolalai and Jacqueline Saphra



Ó Bhéal's 10th Poetry-Film Competition is open for submissions from 1st May – 31st August 2022

International submissions are accepted for any poetry-film under ten minutes (English subtitles are required for non-english language films) Entries must have been completed since May 2020

Broadly speaking, a poetry-film is the translation of a poem into film form, by way of interpretation that features the entire poem, either visually and/or audibly

Up to 30 shortlisted poetry-films will be screened at Ó Bhéal's Winter Warmer Festival in November 2022 One winner will reeive the festival prize for best poetry-film

## Free to Enter!

For submissions and guidelines visit: www.obheal.ie/poetryfilm



visible tortoise sunny fascinate psychotic caravan fibrous coffee ocean sock orange

en lurst pleasure

bx song advice spark

tinsel surface hot t

spot incandescent

wall grey south rockive Wordsell innocent desert Poetry Competition

regret twist vague ce weige reflect wish pollen 3rd Prize €250

Infuse Phave you tried the Five Words Poetry Challenge? ad hope It's only €5 to enter ...

Every Tuesday from 12th April 2022 to 31st January 2023, wat five new words will appear on the Ó Bhéal website. Entrants have tant

seven days to write and submit a poem which contains all five words.

plastic urchin grain sound shelter distill cloud cork The winners and shortlist of 12 entries will be announced in March 2023 and invited to read at Ó Bhéal in Cork on the 10th of April 2023.

blade wood This year's Judge is Victoria Kennefick to chair balance

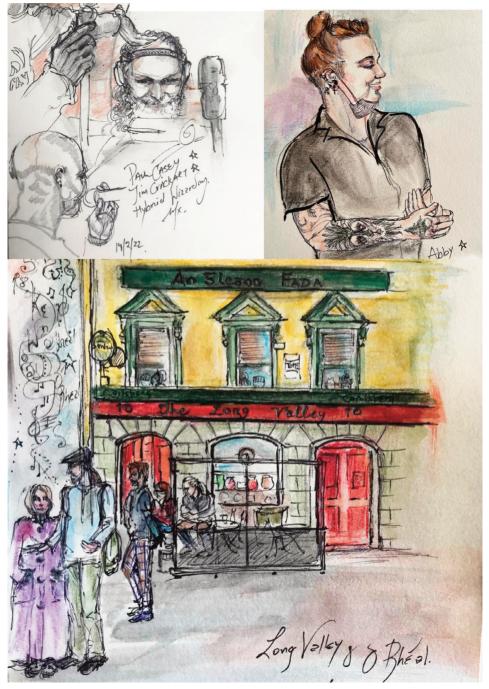
# visit www.obheal.ie/fivewordscomp

for this week's words, guidelines and submissions











Five Words Volume XV features the winning poems and shortlist from our 9th poetry competition. Entrants were given just seven days to write and submit their poems using the five words posted on our website each Tuesday.

From over 600 entries, our Judge Maurice Riordan chose a shortlist of twelve outstanding poems, including 1st, 2nd and 3rd place winners.

April 11th 2022 marks Ó Bhéal's 670th session.

Our congratulations to this year's overall competition winner ...

Marcella Remund!



Poems have also been included from Ó Bhéal's Monday evening (live) Five Word Challenges, held online since April 2021, as have sketches of guest poets and regulars made by local fine artist, musician & poet Margaret Creedon O'Shea. The five words used in Ó Bhéal's live events are provided spontaneously by those present and the winner is chosen by audience response. These spontaneous compositions are written in 15 minutes and can be considered as first drafts. Often they are developed further for journal publication elsewhere. The Five Word Challenge was conceived by poetry afficionado and emcee Gerry McNamara.



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